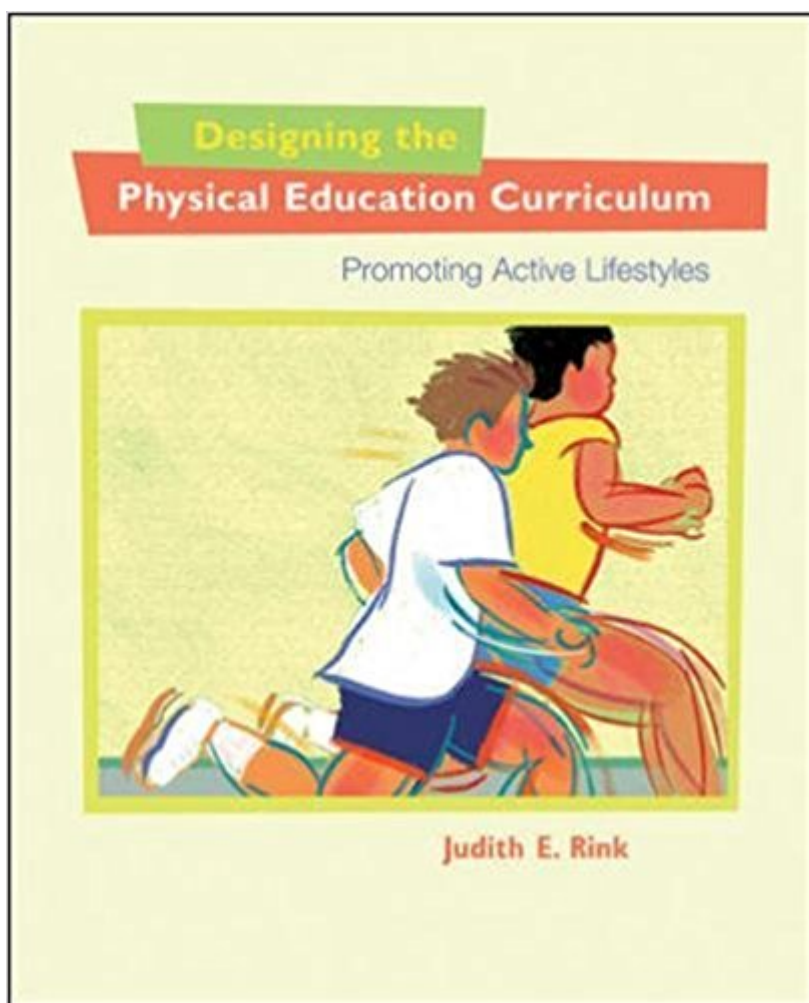




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# Designing The Physical Education Curriculum: Promoting Active Lifestyles



## Synopsis

Using the national standards as a guide, *Designing the Physical Education Curriculum: Promoting Active Lifestyles* shows you how to plan and develop effective physical education curricula at the elementary, middle, and high school levels. Taking a practical approach, the text balances curriculum theory with strategies for planning and implementation. The book will help you plan programs that achieve the goal of educating children for physically active lifestyles.

## Book Information

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## Customer Reviews

Judith E. Rink is a professor in the Department of Physical Education at the University of South Carolina, Columbia. She has published numerous books, research and articles related to effective teaching of physical education. She has been an editor of both the *Journal for Teaching Physical Education* and the *Research Quarterly for Exercise and Sport*. Dr. Rink was the chairperson of the committee to develop national content standards for physical education and has been the recipient of the NASPE Hall of Fame Award, the Curriculum and Instruction Academy Honor Award and the American Education Association Special Interest Group Outstanding Scholar Honor Award. She is currently the program director the South Carolina Physical Education Assessment Program and is working with the National Association for Physical Education and Sport to develop performance indicators and assessment materials for the national standards.

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